

hanumat sahasranaama stotram

paraashara samhita, ashTaasheetitam paTala, shree raama prokta stotram

shree maitreya uvaacha -

duhkhasangho nivruttyartham broohi me karuNaanidhe |
bhooyo api krupayaa brahman kinchit saadhanam uttamam || 1 ||

shree paraashara rushayah oochu -

rushe lohagirim praaptah seetaa virahakaatarah |
bhagavan ithidhaa draamah tatsarvam broohi sattharam || 2 ||

vaalmeeki uvaacha -

maayaamaanusha deho ayam dadarshaagre kapeeshvaram |
hanumantam jagatsvaami baalaarkasama tejasam || 3 ||

sa satvaram samaagamyaa saashTaangam praNipatya cha |
krutaanjali puTo bhootvaa hanumaana naamam abraveet || 4 ||

shree hanumaana uvaacha -

dhanyo asmi krutakrutyo asmi drushTvaa tvat paadapankajam |
yoginaamapyagamyam cha samsaarabhaya naashanam |
purushottamam cha devesham kartavyam tam nivedyataam || 5 ||

shree raamachandra uvaacha -

janasthaanam kapishreshTha ko apyaagatya videhajaam |
hrutavaana viprasamvesho maareechaanugate mayi || 6 ||

gaveshya saampratam veerah jaanakee haraNe namah |
tvayaa gamyo na ko deshah tvam cha gyaanavataavara |
saptakoTi mahaamantra mantritaaDhyavah prabhuh || 7 ||

rushayah oochuh -

ko mantrah kimcha taddhyaanam tanno broohi yatharthataa |
kathaa sudhaarasam peetvaa trupyaamah paramtapah || 8 ||

vaalmeekih uvaacha -

mantram hanumato siddhi bhuktimukti pradaayakam |

mahaarishTa mahaapaapa mahaaduhkha nivaaraNam || 9 ||

mantram

om aim hreem shreem hanumate | raamadootaaya | lankaa vidhvamsanaaya |
anjaneegarbha sambhootaaya | shaakinee Dhaakinee vidhvamsanaaya | kilikili boo boo
kaareNa vibheeshaNaaya | hanumatebhyaaya | om hreem shreem hlaum haam hum
phaT svaahaa |

anyam hanumato mantram sahasranaama samgyitam |
jaanantu rushayah sarve mahaaduritanaashanam || 10 ||

yasya samsmaraNaat seetaam labdhyaa raajyam akaNTakam |
vibheeshaNaaya cha dadaaya aatmaanam labdhvaanmayaa || 11 ||

sahasranaama sanmantram dukkhaaghougah nivaaraNam |
vaalmeeke broohi nah toorNa shushrooshaamah kathaam paraam || 12 ||

vaalmeekih uvaacha -

shruNvantu rushayah sarve sahasranaamakam stavam |
stavaanaam uttamam divyam sadarthasya pradaayakam || 13 ||

asya shree hanumat sahasranaama stotra mantrasya | shree raamachandra rushih |
anushTup Chandah | shree hanumaana rudro devataa | hreem shreem hraam beejam |
shree iti shaktih | kilikili boo boo kaareNa iti keelakam | lankaa vidhvamsaneti kavacham
| mama sarvopadrava shaantyarthe mama sarvakaarya siddhyarthe jape viniyogah |
rushyaadikam vinyastha || 14 ||

om aim hanumate raamadootaaya angushThaabhyaam namah |
lankaa vidhvamsanaaya tarjaneebhyaam namah |
anjaneegarbha sambhootaaya madhyamaabhyaam namah |
shaktinee Dhaakinee vidhvamsanaaya anaamikaabhyaam namah |
kilikili boo boo kaareNa vibheeshaNaaya hanumaddevaaya kanishThikaabhyaam
namah |
om hreem shreem hreem haam hum phaT svaahaa karatala karaprushThaabhyaam
namah ||

om aim hanumate raamadootaaya hrudayaaya namah |
lankaavidhvamsanaaya shirasi svaahaa |
anjaneegarbha sambhootaaya shikhaayai vashaT |
shaakinee Dhaakinee vidhvamsanaaya kavachaaya hum |
kilikili boo boo kaareNa vibheeshaNaaya hanumaddevaaya netratrayaaya voushaT |
om hreem shreem hraum haam hum phaT svaahaa astraaya phaT |
bhoorbhuva ssuvarom iti digbandhah || 15 ||

dhyaanam -

pratapta svarNavarNaabham samraktaaruNa lochanam |
sugreevaadi yutam dhyaayet peetaambara samaavrutam || 16 ||

goshpadeekruta vaareesham pucCha maskatam eeshvaram |
gyaanamudraam cha vibhraaNam sarvaalankaara bhooshitam || 17 ||

shree raamachandra uvaacha -

shree hanumat sahasranaama stotram

hanumaan shreeprado vaayuputro rudro anagho ajarah |
amrutyuh veeraveerashcha graamavaaso janaashrayah || 18 ||

dhanado nirguNah shooro veero nidhipatirmunih |
pingaaksho varado vaagmi seetashoka vinaashakah || 19 ||

shivahsharvah parovyakto vyaktaa avyakto dharaadharah |
pingakeshah pingaromaa shrutigamyah sanaatanah || 20 ||

anaadirbhagavaana devo vishva heturjanaashrayah |
aarogyakartaa vishvesho vishvanaatho hareeshvarah || 21 ||

bhargo raamo raamabhaktah kalyaaNah prakrutisthirah |
vishvambharo vishvamoortih vishvaakaarashcha vishvapah || 22 ||

vishvaatmaa vishvasevyotha vishvo vishvaharo ravih |
vishvacheshTo vishvagamyo vishvadhyeya kalaadharah || 23 ||

plavangamah kapishreshTho jyeshTho vidyaa vanecharah |
baalo vruddho yuvaa sattvam tattvagamyah sukhohyajah || 24 ||

anjanaasoonu ravyagroh graamashaanto dharaadharah |
bhoorbhoovah svah maharloko janolokah tapo avyayah || 25 ||

satyam omkaaragamyashcha praNavo vyaapako amalah |
shivo dharmapratishThaataa raameshTa phalgunapriyah || 26 ||

goshpadeekruta vaaraashih poorNakaamo dharaapatih |
rakshoghnah puNDareekaakshah sharaNaagata vatsalah || 27 ||

jaanakee praaNadaataa cha rakshah praaNaapahaarakah |
poorNasattvah peetavaasaa divaakara samaprabhah || 28 ||

droNahartaa shaktinetaa shakti raakshasamaarakah |

rakshoghno raamadootashcha shaakinee jeevahaarakah || 29 ||

bhoobhukkaarahataaraati garvah parvatabhedanah |
hetumaan praamshubeejam cha vishvabharta jagadguruh || 30 ||

jagattrataa jagannaatho jagadeesho janeshvarah |
jagatpita harih shreesho garuDasmayabhanjanah || 31 ||

paarthadhvajo vaayuputro amita pucCho amitaprabhah |
brahmapucChah parabrahmapucCho raameshTa evacha || 32 ||

sugreevaadiyuto gyaanee vaanaro vaanareshvarah |
kalpasthaayee chiranjeevee prasannashcha sadaashivah || 33 ||

sanaatanahh sadgatih bhuktimuktidah keertidaayakah |
keertih keertipradashchaiva samudrah shreapradah shivah || 34 ||

udadhikramaNo devah samsaara bhayanaashanah |
vaarthibandhanakrut vishvajetaa vishvapratishThitah || 35 ||

lankaarih kaalapurusho lankeshah gruhabhanjanah |
bhootaavaaso vaasudevo vasustribhuvaneshvarah || 36 ||

shree raamadootah krushNashcha lankaapraasaada bhanjanah |
krushNah krushNastutah shaantah shaantido vishvapaavanah || 37 ||

vishvabhoktaa cha maareeghno brahmachaaree jitendriyah |
oordhvagolaanguleemaalee laangoola hataraakshasah || 38 ||

sameeratanujo veero veeramaaro jayapradah |
jagatmangaladah puNyah puNyashravaNa keertanah || 39 ||

puNyakeertih puNyagatih jagatpaavana paavanah |
devesho jitakrodhashcha raamabhakti vidhaayakah || 40 ||

dhyaataa dhyeyo bhagassaakshee chetashchaitanya vigrahah |
gyaanadah praaNadah praaNo jagatpraaNah sameeraNah || 41 ||

vibheeshaNapriyah shoora pippalaashraya siddhidah |
suhrotsiddhaashrayah kaalah kaalabhakshaka bharjitah || 42 ||

lankeshanidhanah sthaayee lankaadaahaka eeshvarah |
chandrasooryaagni netrashcha kaalaagnih praLayaantakah || 43 ||

kapilah kapeeshah puNyaraashi dvaadasharaashigah |
sarvaashrayo aprameyaatmaa revatyaaadi nivaarakah || 44 ||

lakshmaNapraaNadaataa cha seetaajeevana hetuka |
raamadhyeyo hrusheekesho vishNubhakto jaTee balee || 45 ||

devaaridarpahaa hotaa kartaahartaa jagatprabhuh |
nagara graamapaalashcha shuddho buddho niranjarah || 46 ||

niranjano nirvikalpo guNaateeto bhayankarah |
hanumaanamshcha duraaraadhyah tapassaadhyo amaresvarah || 47 ||

jaanakee ghanashokottha taapahartaa paraatparah |
vaanmayah sadasadroopakaaraNam prakruteh parah || 48 ||

bhaagyado nirmalo netaa pucChalankaavidaahakah |
pucChabaddho yaatudhaano yaatudhaanaripupriyah || 49 ||

Chaayaapahaaree bhootesho lokeshah sadgatipradah |
plavangameshvarah krodhah krodhasamraktalochanah || 50 ||

krodhahartaa taapahartaa bhaktaabhayavarapradah |
bhaktaanukampee vishveshah puruhootah purandarah || 51 ||

agnirvibhaavasuh bhaasvaan yamo nirrutirevacha |
varuNo vaayugatimaan vaayuh koubera eeshvarah || 52 ||

ravishchandrah kujassaumyo guruh kaavyah shanaishcharah |
raahuketurmaruddhotaa dhaataa hartaa sameerakah || 53 ||

mashakeekruta devaarih daityaari madhusoodanah |
kaamah kapih kaamapaalah kapilo vishvajeevanah || 54 ||

bhaageerathee padaambhojah setubandha vishaaradah |
svaahaa svadhaa havih kavyam havya kavya prakaashakah || 55 ||

svaprakaasho mahaaveero laghushcha amitavikramah |
praDeenoDDeenagatimaan sadgatih purushottamah || 56 ||

jagadaatmaa jagadyonih jagadantohyanantakah |
vipaapmaa nishkalankashcha mahaana mahadahamkrutih || 57 ||

kham vaayuh pruthivee hyaapo vahnirdikpaala evacha |
kshetragyah kshetrapaalashcha palvaleekruta saagarah || 58 ||

hiraNmayah puraaNashcha khecharo bhoocharo manu |
hiraNyagarbhah sootratmaa raajaraajo vishaampatih || 59 ||

vedaantavedyodgethashcha vedavedaanga paaragah |

pratigraamasthitah saadhyah sphoortidaataa guNaakarah || 60 ||

nakshatramaalee bhootaatmaa surabhih kalpapaadapah |
chintaamaNih guNanidhih prajaapatih anuttamah || 61 ||

puNyashlokaH puraaraati jyotishmaan shaarvareepatih |
kilikilyaaravaktrasta bhoota preta pishaachakah || 62 ||

ruNatraya harassookshmah sthoolah sarvagatah pumaan |
apasmaara harassmartaa shrutirgaathaa smrutirmanuh || 63 ||

svargadvaarah prajaadvaaro mokshadvaara kapeeshvarah |
naadaroopa parabrahma brahmabrahmaa puraatanah || 64 ||

ekonaiko janahshuklah svayam jyotiranaakulah |
jyotirjyotiranaadishcha saattviko raajasattamah || 65 ||

tamohartaa niraalambo niraakaaro guNaakarah |
guNaashrayo guNamayo bruhatkaayo bruhadyashaah || 66 ||

bruhaddhanuh bruhatpaado bruhanmoordhaa bruhatsvapah |
bruhatkarNo bruhannaaso bruhannetro bruhadgalah || 67 ||

bruhadyatno bruhaccheshTo bruhatpucCho bruhatkarah |
bruhadgatih bruhatsevyo bruhalloka phalapradah || 68 ||

bruhatshaktih bruhadvaaNChaa phalado bruhadeeshvarah |
bruhallokanuto drashTaa vidyaadaataa jagadguruh || 69 ||

devaachaaryah satyavaadee brahmavaadee kalaadharah |
saptapaataaLagaameecha malayaachala samshtayah || 70 ||

uttaraashaasthitah shreedo divyoushadhahvashankhagah |
shaakhaamrugah kapeendrashcha puraaNashrutih sancharah || 71 ||

chatur braahmaNo yogee yogagamyah paraatparah |
anaadi nidhano vyaaso vaikuNThah pruthiveepatih || 72 ||

paraajito jitaaraatih sadaanandashcha eeshitaa |
gopaalo gopatirgoptaa kalihkaalah paraatparah || 73 ||

manovegee sadaayogee samsaarabhayanaashanah |
tattvadaataashcha tattvagya svatvatattva prakaashakah || 74 ||

shuddho buddho nityamukto yuktaakaaro jayapradah |
praLayo amitamaayashcha maayaateeto vimatsarah || 75 ||

maayaanirjitarakshashcha maayaanirmitavishTapah |
maayaashrayashcha nirlepo maayaanirvanchakassukhah || 76 ||

sukhee sukhaprado naago maheshakruta samstavah |
maheshvarassatyasandhah sharabhah kalipaavanah || 77 ||

raso rasagyah sammaanastapashchakshushcha bhairavah |
ghraaNo gandhah sparshanam cha sparsho ahankaaramaavanah || 78 ||

netineteeti gamyashcha vaikuNTha bhajanapriyah |
gireesho girijaakaanto durvaasaah kavirangiraah || 79 ||

bhrugurvasishThashcyavanah tumbururnaarado amalah |
vishvakshetram vishvabeejam vishvanetrashcha vishvapah || 80 ||

yaajako yajamaanashcha paavakah pitarastathaa |
shraddhaabuddhi kshamaa tandraa manthro mantrayutah svarah || 81 ||

raajendro bhoopatih kaNThamaalee samsaarasaarathih |
nityah sampoorNakaamashcha bhaktakaamam uttamah || 82 ||

guNapah keeshapo bhraataa pitaa maataa cha maarutih |
sahasrasheershaapurushah sahasraakshah sahasrapaat || 83 ||

kaamajit kaamadahanah kaamah kaamyaphalapradah |
mandraahaaree cha rakshoghnaah kshitibhaaraharo balah || 84 ||

nakhadamshTraayudho vishNuh bhakto abhayavarapradah |
darpahaa darpadodruptah shatamoortiramootimaan || 85 ||

mahaanidhirmahaabhaago mahaabhogo mahaarthadah |
mahaakaaro mahaayogee mahaatejaa mahaadyutih || 86 ||

mahaakarmaa mahaanaado mahaamantro mahaamatih |
mahaashayo mahodaaro mahaadevaatmako vibhuh || 87 ||

rudrakarmaa kroorakarmaa ratnanaabhah krutaagamah |
ambhodhilanghanah simho nityo dharmapramodanah || 88 ||

jitaamitro jayassaamo vijayo vaayuvaahanah |
jeevadaataa sahasraamshuh mukundo bhooridakshiNah || 89 ||

siddhaarthah siddhidah siddhasamkalpah siddhihetuka |
saptapaataaLabharaNah saptarshigaNavanditah || 90 ||

saptaabdhilanghano veerah saptadveeporumaNDalah |

saptaangaraajyasukhadah saptamaatrunishevitah || 91 ||

saptalokaikamukuTah saptahotaa svaraashrayah |
saptaChandonidhih saptacChandah saptajanaashrayah || 92 ||

saptasaamopageetashcha saptapaataaLasamshrayah |
medhaavee keertidah shokahaaree dourbhaagyanaashanah || 93 ||

sarvavashyakaro bhargo doshaghna putrapoutradah |
prativaadi mukhastambho dushTachittaprasaadanah || 94 ||

paraabhichaarashamano duhkaghno bandhamokshadah |
navadvaara puraadhaaro navadvaara niketanah || 95 ||

naranaaraayaNastutyō naranaatho maheshvarah |
mekhalee kavache khaDgee bhraajishNuh vishNu saarathih || 96 ||

bahuyojanavisteerNa pucChah pucChahataasurah |
dushTagrahaniantaa cha pishaachagraha ghaatukah || 97 ||

baalagrahavinaashee cha dharmonetaa krupaakarah |
ugrakutyognavegashcha ugranetrah shatakratuh || 98 ||

shatamanyu stutah stutyah stutih stotaa mahaabalah |
samagraguNashaalee cha vyagroraksho vinaashakah || 99 ||

rakshoghnaahasto brahmeshah shreedharo bhaktavatsalah |
meghanaatho megharoopo meghavrushTi nivaarakah || 100 ||

meghajeavana hetushcha meghashyaamah paraatmakah |
sameera tanayo boddhaa tattvavidyaa vishaaradah || 101 ||

amogho amogha vrudhishcha ishTado anishTadaayakah |
artho anarthaapahaaree cha samartho raama sevakah || 102 ||

arthee dhanyah suraaraatih puNDareekaakshah aatmabhoo |
sankarshaNo vishuddhaatmaa vidyaaraashih sureshvarah || 103 ||

achaloddhaaraka nityah setukrudraamasaarathih |
aananda paramaanando matsyah koorpo nidhishshamah || 104 ||

varaaho naarasimhashcha vaamano jamadagnijah |
raamah krushNah shivo buddhah kalkee raamaashrayo harah || 105 ||

nandee bhrunjee cha chaNDee cha gaNesho gaNasevitah |
karmaadhyakshah suraadhyaksho vishramo jagataampatih || 106 ||

jagannaathah kapishreshThah sarvaavaasah sadaashrayah |
sugreevaadistutah shaantah sarvakarmaa plavangamah || 107 ||

nakhavaarita rakshashcha nakhaayudha vishaaradah |
kushalah sudhanah shesho vaasukih takshakassvarah || 108 ||

svarNavarNo balaaDhyashcha raamapoojyo aghanaashanah |
kaivalyadeepah kaivalyo garuDah pannago guruh || 109 ||

kilyaaraavahataaraati garvah parvatabhedanah |
vajraango vajravegashcha bhakto vajra nivaarakah || 110 ||

nakhaayudho maNIgreevo jvaalaamaalee cha bhaaskarah |
prouDha prataamastapano bhaktaapanivaarakah || 111 ||

sharaNam jeevanam bhoktaa naanaacheshTo hyachanchalah |
susvastho ashTaaspahaa duhkhashamanah pavanaatmajah || 112 ||

paavanam pavanah kaanto bhaktaagah sahanobalah |
meghanaada ripurmegha naadasamhruta raakshasah || 113 ||

ksharo aksharo vineetaatmaa vaanareshah sataamgatih |
shreekaNThah shitikaNThashcha sahaayah sahanaayakah || 114 ||

asthoolastvanaNurbhargo devassahruti naashanah |
adhyaatma vidyaasaarashcha avyaatma kushalassudheeh || 115 ||

akalmapah satyahetuh satyagah satyagocharah |
satyagarbhah satyaroopah satyah satya paraakramah || 116 ||

anjanaa praaNalingashcha vaayuvamshodbhava sudheeh |
bhadraroopo rudraroopah suroopah chitraroopadhrut || 117 ||

mainaakavandita sookshmadarshano vijayo jayah |
kraanta digmaNDalo rudrah prakaTeekruta vikramah || 118 ||

kambukaNThah prasannaatmaa hrasvanaaso vrukodarah |
lamboshThah kuNDalee chitramaalee yogavidaam varah || 119 ||

vipashchit kaviraananda vigraho ananya shaasanah |
phalguneesoonu ravyagro yogaatmaa yogatatparah || 120 ||

yogavedyo yogavakto yogayonih digambarah |
akaaraadi kshakaaraanta varNanirmitavigrahah || 121 ||

ulookhalamukhah simhah sastutah parameshvarah |

shlishTajangha shlishTajaanuh shlishTapaaNih shikhaadharah || 122 ||

susharmaa amitasharmaa cha naaraayaNa paraayaNah |
jishNurbhavishNoo rochishNuh grasishNuh sthaaNurevacha || 123 ||

harirudraanukrud vakshakampano bhoomi kampanah |
guNapravaaha sootratamaa veetaraagastutipriyah || 124 ||

naagakanyaa bhayadhvamsee rukmavarNah kapaalabhrut |
anaakulo bhayopaayo anapaayo vedapaaragah || 125 ||

aksharah purusho lokanaatho rakshah prabhurdhruDhah |
ashTaangayoga phalabhuk satyasandhah purushTutah || 126 ||

shmashaanasthaananilayah pretavidraavaNakshamah |
panchaaksharaparah panchamaatruko ranjanadhvajah || 127 ||

yogineevrundavyashcha shatrughno anantavikramah |
brahmachaareendriya ripurdhruTadaNDa dashaatmakah || 128 ||

aprapanchah sadaachaarah shoorasena vidaarakah |
vruddhapramodashchaanandah saptajivhaapatirvarah || 129 ||

navadvaara puraadhaarah pratyagassaama gaayakah |
shaTchakradhaamaa svaloko bhayahrumanando amadah || 130 ||

sarvavashyakah shaktirnetaachaananta mangaLah |
ashTamoorti dharonetaa viroopassvara sundarah || 131 ||

dhoomaketuh mahaaketuh satyaketuh mahaarathah |
nandipriyah svatantrashcha mekhalee samarapriyah || 132 ||

lohaanga sarvavidhanvee shaTkalashsharva eeshvarah |
phalabhukta phalahastashcha sarvakarma phalapradah || 133 ||

dharmadhyaksho dharmaphalo dharmodharma prado arthadah |
panchavimshati tattvagyah taaraka brahmatatparah || 134 ||

trimaargavasatirbheemah sarvaduhyakhanibarhaNah |
oorjasvaan nirgalashshoolee maalee garbhonishaacharah || 135 ||

raktaambaradharo rakto raktamaalaa vibhooshaNah |
vanamaalee shubhaangashcha shvetah shvetaambaro yuvaa || 136 ||

jayo jayapareevaarah sahasravadanah kavah |
shaakinee Daakinee yaksharaksho bhootougha bhanjanah || 137 ||

sadyojaatah kaamagatih gyaanamootih yashaskarah |
shambhutejaah saarvabhaumo vishNubhaktah plavangamah || 138 ||

chaturmayati mantragyah poulastya baladarpahaa |
sarvalakshmeepradah shreemaanangadapriya eeDitah || 139 ||

smrutirbeeja sureshaana samsaarabhayanaashanah |
uttamah shreepareevaarah shreebhoodurgaa cha kaamadruk || 140 ||

sadaagatirmaatarishvaa raamaapaadaabja shaTpadah |
neelapriyo neelavarNo neelavarNa priyassuhrut || 141 ||

raamadooto lokabandhurantaraatmaa manoramah |
shreeraama dhyaanakrudveerah savaarkipurushastutah || 142 ||

raamakaaryaamtarangashcha shuddhigatiranaamayah |
puNyashloka paraanandah pareshah priyasaarathih || 143 ||

lokasvaamee muktidaataa sarvakaaraNa kaaraNah |
mahaabalo mahaaveerah paaraavaara gatirguruh || 144 ||

samasta lokasaakshee cha samasta suravanditah |
seetaasameta shreeraamapaada sevaadhurandharah || 145 ||

shree seetaasameta shreeraamapaada sevaadhurandharah shree aanjaneya
sahasranaamashlokaah samaaptaah ||

vaalmeeki uvaacha -

iti naamnaam sahasreNa stuto raameNa vaayubhooh |
uvaacha tam prasannaatmaa sanghaa yaatmaana gavyayam || 146 ||

shree hanumaa uvaacha -

dhyaanaaspadamidam brahmamatpurat samupasthitam |
svaamin krupaanidhe raama gyaato asi kapinaa mayaa || 147 ||

tavadhyaana nirataa lokaah kim maam japasi saadaram |
tam aagamanahetushcha gyaato hyatra mayaanaghah || 148 ||

kartavyam mama kim raama tathaa broohi cha raaghava |
iti prachodito raamah prahrushTaata mevanbraveet || 149 ||

shree raama uvaacha -

durjayah khalu vaideheem gruheetvaa ko api nirgatah

hatyaa tam nirghruNam veerah aanayasva kapeeshvarah || 150 ||

mama daasyam kuru sakhe bhavaam vishvasukhakarah |
tathaakrute tvayaa veerah mama kaarya bhavishyati || 151 ||

om ityaagyaam tu shirasaa gruheetvaa cha kapeeshvarah |
vidheyam vidhitatra chakaara sa shivah svayam || 152 ||

idam naamnaam sahasram tu yodheete pratyaham narah |
dukhougho nashyate tasya sampatti vardhate chiram || 153 ||

vashyam chaturvidham tasya bhavatyena na samshayah |
raajaano raajaputraashcha raajakaaryaashcha mantriNah |
trikaalapaThanaat tasya drushyantre atra tripakshatah || 154 ||

ashvatthamoole japataam naasti vairikrutam bhayam |
trikaala paThanaattasta siddhih syaat karasamsthitaa || 155 ||

braahmeemuhoorte chotthaaya pratyaham yaha paThennarah |
aihikaamushmikam so api labhate naatra samshayah || 156 ||

sangraame sannivishTaanaam vairividraavaNam param |
jvaraapasmaara shamanam gulmaadeenaam nivaaraNam || 157 ||

saamraajya sukha sampattidaayakam jagataam shruNu |
svarga moksham samaapnoti raamachandra prasaadatah || 158 ||

ya idam paThate nityam shraavavedvaa samaahitah |
sarvaankaamaan avaapnoti vaayuputra prasaadatah || 159 ||

|| iti shree paraashara samhitaayaam shree paraashara maitreya samvaade shree
raamaprokta mukhya sahasranaama stotram naama ashTaasheetitatamah paTalah ||